



MentorCoach[®] LLC
Training Accomplished Professionals
to Become Extraordinary Coaches

CERTIFIED MENTORCOACH[®] (CMC) CERTIFICATION REQUIREMENTS AND APPLICATION PROCESS

Please find below detailed information of the requirements to sit for the MentorCoach[®] CMC Final Written & Oral exams.

Submission of a CMC Final Written Exam Application is available for:

- Graduates of the four required MentorCoach[®] Training Program courses:
 - Foundations (25 student learning hours)
 - Intensive Individual Coaching Skills master class (24 student learning hours)
 - Safe Passage: The New Ethics and Risk Management master class (10 student learning hours)
 - Individual Coaching Supervision master class (24 student learning hours)

Total: 83 hours

- Graduates of at least a total of forty-two (42) hours of MentorCoach[®] training program elective courses (see chart below).
- MentorCoach[®] students who have received the required mentor coach coaching, coaching supervision, and coaching experience listed below.

There are two application deadlines and two testing periods each calendar year. Applications for any **MentorCoach[®] Certification offered** can be submitted between January 1 and March 31 (postmarked deadline 3/31) or between July 1 and September 30 (postmarked deadline 9/30) each year.

Applicants should review their abilities to meet the requirements detailed below to determine whether they should submit a CMC Final Written Exam Application, or continue working to obtain all of the required coach specific training and experience.

REQUIREMENT CATEGORY:	FINAL EXAM CERTIFIED MENTORCOACH® (CMC) REQUIREMENTS
Coach-Specific Training	<p>Successful completion (at least 80% <i>live attendance</i>) of a total of 125 student learning hours of coach specific training by the MentorCoach® Training Program:</p> <p><u>Eighty-three (83) hours of the following required courses:</u></p> <ul style="list-style-type: none"> ▪ Foundations (25 hours) ▪ Safe Passage: The New Ethics and Risk Management Master Class (10 hours) ▪ Intensive Individual Coaching Skills Master Class (24 hours) ▪ Individual Coaching Supervision Master Class (24 hours)* <p><u>Forty-two (42) hours of any of the elective Master Class courses offered by MentorCoach®, including (<i>live attendance</i> required):</u></p> <ul style="list-style-type: none"> ▪ Blue Sky Visioning ▪ Body Centered Coaching ▪ Career Coaching: FINDing Pathways to Purpose ▪ Character Strengths Interventions ▪ Coaching Assessments ▪ Coaching Into the Future ▪ Coaching Positive Leaders: A Master Class ▪ Coaching Toward Positive Relationships ▪ Diving Deep into Coaching with Strengths ▪ Executive Coaching ▪ FINDing Pathways to Purpose ▪ Intensive Group Coaching ▪ Living and Coaching the Good Life: It’s All About You ▪ Living and Coaching the Good Life: You and Your Clients ▪ Mastering Wellness Coaching Interventions ▪ Mastering Wellness Coaching: Healthy Lifestyles ▪ Positive Potentials: Coaching for Performance, Goals and Habits ▪ Positive Psychology and ADHD Coaching ▪ Positive Psychology and Advanced ADHD Coaching – Adults ▪ Positive Psychology and Advanced ADHD Coaching – College Students, Teens, Children & Parents ▪ Positive Psychology Coaching and Flourishing ▪ Small Business & Entrepreneur Coaching
Individual Coaching Supervision	<p>Six (6) hours of coaching supervision by a certified coach over a minimum three-month period. <i>*This requirement is met when taking the Individual Coaching Supervision course.</i></p>
Mentor Coaching	<p>Ten (10) hours of Mentor Coaching using an approved MentorCoach® Provider is required for ICF/MentorCoach® certification. Mentor Coaching should take place concurrently with or after the completion of the Supervision Master Class.</p>

REQUIREMENT CATEGORY:	FINAL EXAM CERTIFIED MENTORCOACH® (CMC) REQUIREMENTS
Coaching Experience	<p>Client Coaching documenting:</p> <ul style="list-style-type: none"> • A minimum of 100 client coaching hours • A minimum of 75 paid client coaching hours • A minimum of 8 clients <p>All CMC Final Written Exam applicants will be required to complete 100 hours of client-coaching experience following the start of your training with MentorCoach®. At least 25 of these hours must occur within the 18 months prior to submitting your CMC Final Written Exam application.</p>
Examination	<p>Successful completion of the Certified MentorCoach® (CMC) Final Written & Oral Exams:</p> <ol style="list-style-type: none"> 1. The CMC Final Written Exam includes, multiple choice sections covering the four (4) required courses; Foundations, Intensive Individual Coaching Skills, Safe Passage: the New Ethics & Risk Management and, Individual Coaching Supervision, the applicants selected elective courses, and three (3) essay questions. 2. Oral exam – Live coaching exam by Zoom webinar. <p>A passing grade of 70% is required to pass the CMC Final Written and Oral Exams. Feedback is only provided on the Oral exam.</p>
Fees	<p>\$875 for the technical review of the application and administration of the Final Written and Oral Exams.</p> <p>\$150 Retake Exam Fees for Written or Oral Exams.</p>

* For more information, and specific formatting and documentation requirements, please consult the exam application found in the Student Section, under the Certification Information heading, on the MentorCoach® website www.MentorCoach.com. If you have difficulty obtaining the information you're looking for please contact our Certification Coordinator, Sunny Bain, sunny@MentorCoach.com.

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