



MentorCoach[®] LLC
Training Accomplished Professionals
to Become Extraordinary Coaches

CERTIFIED MENTORCOACH[®] (CMC) CERTIFICATION REQUIREMENTS AND APPLICATION PROCESS

There are two steps to obtaining the MentorCoach CMC certification.

1. Submission of a CMC Interim Exam Application, which is available for:

- Graduates of three required MentorCoach training program courses:
 - Foundations (25 hours – Note: 6 of the 31 hours do not count toward certification)
 - Intensive Individual Coaching Skills Master Class (24 hours)
 - Safe Passage: The New Ethics and Risk Management Master Class (10 hours)

Total: 59 hours

This exam is given on a “**pass only**” basis in order to give students feedback on the first three courses. (Note: Those who completed Foundations courses #1 through #63 are exempt from taking the Interim Exam.)

2. Submission of a CMC Final Written Exam Application, which is available for:

- Graduates of four MentorCoach Training Program required courses:
 - Foundations (25 hours)
 - Intensive Individual Coaching Skills Master Class (24 hours)
 - Individual Coaching Supervision Master Class (24 hours)
 - Safe Passage: The New Ethics and Risk Management Master Class (10 hours)

Total: 83 hours

- Graduates of at least a total of forty-two (42) hours of MentorCoach training program elective courses. (See chart below).
- MentorCoach students who have received the required Mentor Coach coaching, coaching supervision, and coaching experience listed below.

There are two application deadlines and two testing periods each calendar year.

Applications for any **MentorCoach Certification offered** can be submitted between January 1 and March 31 or between July 1 and September 30 each year.

Applicants should review their abilities to meet the requirements detailed below to determine whether they should submit an Interim Application, submit a Final Written Exam Application, or continue working to obtain all of the required coach specific training and experience.

REQUIREMENT CATEGORIES:	INTERIM EXAM REQUIREMENTS	FINAL EXAM CERTIFIED MENTORCOACH (CMC) REQUIREMENTS
<p>Coach-Specific Training and Supervision</p>	<p>Successful completion (at least 80% <u><i>live attendance</i></u>) of the first three required MentorCoach courses:</p> <ol style="list-style-type: none"> 1. Foundations (25 hours) 2. Safe Passage: The New Ethics and Risk Management Master Class (10 hours) 3. Intensive Individual Coaching Skills Master Class (24 hours) 	<p>Successful completion (at least 80% <u><i>live attendance</i></u>) of a total of 125 student learning hours of coach specific training by the MentorCoach Training Program:</p> <p><u>Eighty-three (83) hours of the following required courses:</u></p> <ul style="list-style-type: none"> ▪ Foundations (25 hours) ▪ Safe Passage: The New Ethics and Risk Management Master Class (10 hours) ▪ Intensive Individual Coaching Skills Master Class (24 hours) ▪ Individual Coaching Supervision Master Class (24 hours) <p><u>Forty-two (42) hours of any of the elective Master Class courses offered by MentorCoach, including:</u></p> <ul style="list-style-type: none"> ▪ Appreciative Inquiry Coaching (Siegfried) ▪ Blue Sky Visioning (Dean/Durand) ▪ Body Centered Coaching (Walker) ▪ Career Coaching North of Neutral (Siegfried) ▪ Coaching Assessments (Hermosisima) ▪ Coaching Leaders (Martin) ▪ Coaching Positive Leaders: A Master Class (Blair/Malloy) ▪ Ethics & Risk Management (Harris) ▪ Executive Coaching (Durand) ▪ Intensive Group Coaching (Blair/Handley/Hill/Martin/Ostrow) ▪ Living and Coaching the Good Life: It's All About You (McKelvey/Solomon) ▪ Living and Coaching the Good Life: You and Your Clients (McKelvey/Solomon) ▪ Love 2.0 – The Master Class (Fredrickson)* ▪ Mastering Wellness Coaching: Interventions (Trandel/Hinton) ▪ Mastering Wellness Coaching: Healthy Lifestyles (Trandel/Hinton) ▪ Positive Potentials: Coaching for Performance, Goals and Habits (Scroggs) ▪ Positive Psychology and ADHD Coaching (Graham) ▪ Positive Psychology and Advanced ADHD Coaching – Adults (Graham) ▪ Positive Psychology and Advanced ADHD Coaching – College Students, Teens, Children & Parents (Graham) ▪ Positive Psychology Coaching (Krings/Scroggs) ▪ Positive Psychology Coaching and Flourishing (Scroggs) ▪ Positive Psychology Dissertation (Scroggs) ▪ Positive Psychology and Well-Being (Peterson)* ▪ Positivity Intelligence: Holding Darkness and Light in Coaching (Coxsey) ▪ Safe Passage: The New Ethics & Risk Management (Blair/Howard) ▪ Small Business & Entrepreneur Coaching (Durand)

REQUIREMENT CATEGORIES:	INTERIM EXAM REQUIREMENTS	FINAL EXAM CERTIFIED MENTORCOACH (CMC) REQUIREMENTS
Individual Coaching Supervision	None required.	Coaching supervision requirements are as follows: 1. Receipt of at least six hours of supervision by a certified coach* over a minimum three-month period. This requirement is met when taking the Individual Coaching Supervision course.
Mentor Coaching	None required.	In addition to the 6 hours of individual supervision coaching, 10 hours of Mentor Coaching using an approved MentorCoach Provider is required for ICF/MentorCoach certification. Additionally, the Mentor Coaching should take place concurrently with--or after the completion of-- the Supervision Master Class.
Coaching Experience	None required.	Client Coaching documenting: <ul style="list-style-type: none"> • A minimum of 100 hours • A minimum of 75 paid hours • A minimum of 8 clients <p>All CMC Final Written Exam applicants will be required to complete 100 hours of client-coaching experience <u>following the start of your training with MentorCoach</u>. At least 25 of these hours must occur within the 18 months prior to submitting your CMC Final Written Exam application.</p>
Examination and Passing Grade	Successful completion of the MentorCoach Interim Exam – <u>Pass only</u> . Feedback is provided to students on their mastery of the first three required courses (see above).	Successful completion of the Certified MentorCoach (CMC) Final Written Exam: 1. Final Written Exam includes, multiple choice sections covering the required Individual Coaching Supervision course and the individual's selected elective courses, and essay 2. Oral exam – Live coaching exam by teleconference A passing grade of 70% is required to pass both the Written and Oral portions of the Final Exam. Feedback is <u>only</u> provided on the Oral exam.
Fees	\$150 for technical review of the application and administration of the Interim Exam (multiple choice – pass only).	\$725 for technical review of the application and administration of the Final Written and Oral Exams. \$150 Retake Exam Fees for Written or Oral Exams.

* For more information, and specific formatting and documentation requirements, please consult the exam applications, and other documents located in the Certification section of the public and student sections of the MentorCoach website www.MentorCoach.com. If you have difficulty obtaining the information you're looking for, contact Sunny Bain, sunny@mentorcoach.com.

Updated: January 2020